

Effect of extracted phycocyanin from *Spirulina platensis* on growth parameters, colorations, digestive enzymes and body chemical compositions of Guppy fish (*Poecilia reticulata*)

Biabani Asrami M.¹; Sudagar M.²; Shahraki N.¹; Vahdat S.^{3*}

Received: June 2018

Accepted: April 2019

Abstract

Phycocyanin (PC) is one of the main pigments of algae *Spirulina*, which is used as a dietary supplement due to its high content of protein, vitamins, minerals and essential fatty acids. Using of extracted PC from *Spirulina platensis* was evaluated on growth, the body coloration (Skin and tissue), body chemical composition and digestive enzymes in guppy fish (*Poecilia reticulata*). 80 guppy fish with an average weight of 0.88 ± 0.10 g were chosen. Feeding was performed on a daily basis for 3 times and fish were cultured for 45 days and period light was 12:12 (light: dark). Based on the result final weight, final length, SGR, WGR, LGR, PER and ADG has shown significant increasing when PC level was increased up to 0.15%. Phycocyanin added to the diets made significantly to increase total pigments in guppy tissue. Protease activity was highly significant in different treatments ($p < 0.05$) and extremely increased from zero up to 0.15% in fish fed with diets. PC made increase in total pigments in guppy fish when PC was between 0.05% to 0.15% and also the fish is brightly colored in skin. The present investigation reveal that, fish fed with 0.15% *Spirulina* PC elicited growth parameters and by increasing *spirulina* PC in diets of *P. reticulata* was increased digestive enzymes.

Keywords: Phycocyanin, *Poecilia reticulata* (Guppy fish), Digestive Enzymes, *Spirulina*.

1- Ph.D. Student, Department of Fisheries, Gorgan University of Agricultural Sciences and Natural Resources, Golestan, Iran.

2- Associate Professor, Department of Fisheries, Gorgan University of Agricultural Sciences and Natural Resources, Golestan, Iran.

3- Ph.D. Student, Department of Biology and Aquaculture, Artemia and Aquaculture Institute, Urmia University, Urmia, Iran.

*Corresponding author's Email: saeid_vahdat_mail@yahoo.com

Introduction

Phycocyanin (PC) is one of the main pigments of algae *Spirulina*, which is used as a dietary supplement due to its high content of protein, vitamins, minerals and essential fatty acids (Cherng *et al.*, 2007; Ahsan *et al.*, 2008; Manconia *et al.*, 2009; Thanh-Sang *et al.*, 2013). This pigment is found in cyanobacterial and eukaryotic algae such as Rhodophyta and Cryptomonads (Glazer and Stryer, 1983). PC is classified into three types, C-PC (obtained from cyanobacteria), R-PC (obtained from red algae) and R-PCII (obtained from *Synechococcus* species) (Kuddus *et al.*, 2013; Wang *et al.*, 2014). C-phycocyanin (C-PC) could be extracted from cyanobacterial such as *Spirulina platensis*, which has been widely used in commercial applications for the food and cosmetic industry as a natural blue dye. Recent studies have demonstrated the hepatoprotective (Romay *et al.*, 2003), anti-inflammatory (Bhat and Madyastha, 2001; Reddy *et al.*, 2003; Romay *et al.*, 2003) and antioxidant (Bhat and Madyastha, 2000; Estrada *et al.*, 2001) properties of C-PC. PC is a protein from the phycobiliprotein (PBP) family (Patel *et al.*, 2005) characterized by its intense blue color. It is a peripheral accessory light-harvesting complex called phycobilisome (PBS), which is assembled on the surface of the thylakoid membrane. Its main function is to transfer the excitation energy to the center reaction where the maximum wavelength of absorption are near to 620 nm (De Marsac and Cohen-Bazire, 1977; Benedetti *et al.*, 2006).

The commercial production of ornamental tropical fish is regaining momentum in many regions of the world. The live bearer guppy fish (*Poecilia reticulata*) is the most popular among hobbyists because of their vibrant colors and the fact that they are easy to breed and keep (Dahlgren, 1980). The body coloration and patterns are often caused by chromatophores, which are large star-shaped pigment-containing cells located in the skin. The chromatophores are grouped into subclasses based on their color: xanthophores (yellow), erythrophores (red/orange), iridophores (reflective/iridescent), leucophores (white), melanophores (black/brown) and cyanophores (blue). In addition to the seasonal color change, which is caused by changes in the number of chromatophores in the skin (Sugimoto, 2002), skin patterns can be modified within minutes by reflective changes in iridophores and through aggregation or dispersion of the pigment-containing organelles inside the chromatophores (Kodric-Brown, 1998; Burton, 2002; Sköld *et al.*, 2002; Mähtiger *et al.*, 2003). Such temporal pigment dispersal increases body pigmentation while pigment aggregation results in less body pigmentation (Fujii and Oshima, 1994; Svensson *et al.*, 2005). Reduction in black body pigmentation due to melanophore pigment aggregation commonly also results in greater skin transparency (Fujii and Oshima, 1994). Long-term chromatophore pigment dispersal also stimulates pigment transfer to surrounding cells and induces chromatophore production (Sugimoto, 2002).

The main scope of this study was evaluated of using extracted PC from *Spirulina platensis* on growth, the body coloration (Skin and tissue), body chemical composition and digestive enzymes in guppy fish (*Poecilia reticulata*). PC powder was added into artificial feed as a supplemental dietary.

Materials and methods

Spirulina algae cultivation and phycocyanin (PC) extraction

Algae cultivation (*Spirulina platensis*) was conducted in 10-liter containers and temperature 35°C, with a 24-hour exposure of lighting and aeration. Zarrouk (1966) was used as medium. *Spirulina* centrifuged with Sigma 8K in 5000 rpm for 5 minutes. The algae was dried in freeze dry and PC was extracted by water with amount of 50 g in 1-liter in deionize water for 48 h (the best result from pre-tests). Then, the PC was freeze dried and the blue powder was used. PC purity is evaluated based on the absorbance ratio A620/ A280. The absorbance at 620 and 280 nm according to PC and total protein, respectively (Patil *et al.*, 2006). PC is categorized food grade when A620/ A280 is ≤ 0.7 , reagent grade when A620/A280 is between 0.7 and 3.9 and analytical grade when A620/A280 is ≥ 4.0 (Patil *et al.*, 2006; Antelo *et al.*, 2010; Kuddus *et al.*, 2013). Equation is used to determine the categorized concentration (mg/ mL) in crude extracts (Bennett and Bogorad, 1973; Patel *et al.*, 2005; Silveira *et al.*, 2008; Antelo *et al.*, 2010).

$$PC = \frac{(OD_{620} - 0.474OD_{652})}{5.34}$$

Preparation of guppy fish (*Poecilia reticulata*)

80 guppy fishes with an average weight of 0.88 ± 0.10 g was purchased. Randomly, they were distributed in 8 aquarium 50-liters and were fed for 7 days with commercial food contained 4% fats and 30% protein. During rearing, physicochemical parameters were set in the optimum range (pH 7-7.2, Temperature 23-24°C and gentle aeration). Feeding was performed on a daily basis for 3 times and satiation (Oliviotto *et al.*, 2006). Fish were cultured for 45 days and period light was 12:12 (light:dark), also all aquariums filtered by central filtration.

Preparation of diets

Four diets were prepared to consist of PC added at 0, 0.05, 0.10 and 0.15 percent in diets. The ingredients used for the preparation of diets as followed (Table 1).

The biochemical composition of body

Total protein, lipid and ash contents

The total lipid content (ether extraction) was determined using a soxhlet assay. The dry cells were washed with ether (100%) for six hours. The ash was measured by burning the weighed samples of an electric furnace at 550°C for six hours. Crude protein (N \times 6.25) was determined by the Kjeldahl method after an acid digestion using an auto-Kjeldahl System (AOAC, 2005).

Table 1: The combination of dietary ingredients used in study.

Diet composition	Levels of PC in the diet (%)			
	Control	0.05	0.10	0.15
Fish meal	45.5	45.5	45.5	45.5
Soy-meal	30	30	30	30
Wheat	12	12	12	12
Starch	5	5	5	5
Vitamin premix ¹	0.5	0.5	0.5	0.5
Mineral premix ²	0.5	0.5	0.5	0.5
Fish oil	6.5	6.5	6.5	6.5
PC	0	0.05	0.10	0.15
The biochemical composition of diets (%)				
Dry matter	91.16	91.26	91.64	91.73
Protein	41.50	41.68	41.82	41.99
Ether extraction	12.80	12.70	12.67	12.60
Ash	5.10	5.10	5.10	5.10
Digestible Energy (Kcal/g)	3.98	3.98	3.99	4.00

¹In terms of Kg: vitamin A, 10,000 IU; vitamin D3, 2,000 IU; vitamin E, 100 mg; vitamin K, 20 mg; vitamin B₁, 400 mg; vitamin B₂, 40 mg; vitamin B₆, 20 mg; vitamin B₁₂, 0.04 mg; biotin, 0.2 mg; choline chloride, 1200 mg; folic acid, 10 mg; inositol, 200 mg; niacin, 200 mg; pantothenic calcium, 100mg.

²In terms of Kg: MgSO₄ · 2H₂O, 127.5; KCl, 50.0; NaCl, 60; CaHPO₄ · 2H₂O, 727.8; FeSO₄ · 7H₂O, 25.0; ZnSO₄ · 7H₂O, 5.5; CuSO₄ · 5H₂O, 0.785; MnSO₄ · 4H₂O, 2.54; CoSO₄ · 4H₂O, 0.478; Ca (IO₃)₂ · 6H₂O, 0.295; CrCl₃ · 6H₂O, 0.128.

Total carbohydrate content

First, 100 mgs of algae was weighed into a boiling tube and 5 ml 2.5 N HCl was added to it. Then, the samples were hydrolyzed to simple sugars by keeping it in a boiling water bath for three hours and then cooled to room temperature. After that, it was neutralized with solid Na₂CO₃ until the effervescence ceased. Next, the volume was taken up to 100 mls and centrifuged (5000 rpm for 5 min). Then, 0.5 ml of the supernatant was collected and taken up to 1 mL with distilled water. Then, 4 ml of 0.2% anthrone reagent was added to it and it was heated for 8 minutes in a boiling water bath. The sample cooled rapidly and turned from green to dark green colors at 630 nm. The standard solution was prepared at a concentration of 100 µg/ml glucose (Hedge and Hofreiter, 1962).

Calculation of Digestive Enzymes

For enzyme analysis, the intestine was washed with cold deionized water to remove as much mucus as possible and were then homogenized in cold sodium phosphate buffers (0.1 M, at pH 7.0, and 4 °C) by a ratio of 1:9 (m/v) (Liu *et al.*, 2008). The homogenate was centrifuged at 4 °C at 10000 g for 30 minutes. The soluble protein content of the enzyme extract was measured by Lowry method (Lowry *et al.*, 1951). α -Amylase was determined by starch-hydrolysis method according to Robyt and Whelan (1968). The enzymatic reaction mixture consisted of 2% (w/v) starch solution (0.125 mL), 0.1 M citrate-phosphate buffer at pH 7.5 (0.125 mL) and a digestive extract (0.05 mL). The reaction mixture was incubated for 1 hour at 37 °C. Absorbance was determined at 600 nm. Maltose was used as a standard and the activity unit of α -amylase was defined as the quantity of

enzymes that produced 1mmol of maltose ml⁻¹ min⁻¹. Lipase activity was determined by the evaluation of the degradation of triacylglycerols, diacylglycerols, and monoacylglycerols to free fatty acids following the method of Metin and Akpinar (2000). For the emulsion, a 1% solution topolyvinyl alcohol (PVA) in distilled water was used. Then 5 mls of 0.1 N HCl was added, heating to 75–85°C for 1 hour, followed by cooling, filtering, and adjusting pH to 8.0 with 0.1 N NaOH. To an aliquot of the above solution, virgin olive oil was added to a substrate concentration of 0.1 M. The mixture was emulsified for 5 minutes. The reaction mixture composed of a PVA solution-emulsified substrate (1 mL), McIlvaine buffer at pH 8 (0.5 mL), and digestive extract (0.5 mL). The McIl-vaine's buffer was prepared for 0.1 M citric acid and 0.2 M bisodium phosphate. The reaction mixture was incubated for 4 hours at 37° which 3 mL of a 1:1 ethanol–acetone solution was added to stop the reaction and break the emulsion. A few drops of 1% phenolphthalein in ethanol were added to the reaction mixture and titrated with 0.01 M NaOH. For the blank tubes, the same procedure were followed but with boiled enzyme. One unit of lipase activity was defined as the hydrolysis of 1.0 micro-equivalents of fatty acids from triacylglycerols in 1 hour at pH 7.7 and 37°C. Total proteolytic activity was measured using the casein hydrolysis method by Walter (1984). The assay was conducted using a wide range of pH values. The buffers used were 0.1 M KCl–HCl (pH=1.5), 0.2 M glycine–HCl (pH=3.0), 0.1 M citrate–0.2 M phosphate (pHs 4.0 and 7.0), 0.1 M Tris–HCl (pHs 8.5 and

9.0) and 0.1 M glycine–NaOH (pH= 10.0), at 25°C. Enzyme reaction mixtures consisted of 1% (w/v). Casein in water (0.25 mL), buffer (0.25 mL) and enzyme sample (0.1 mL) were incubated for 1 hour at 37 °C. The reaction was stopped by adding 0.6 mls of 8% w/v trichloroacetic acid. After holding for 1 hour at 28 °C, samples were centrifuged at 1800g for 10 minutes and the absorbance of the supernatant recorded at 280 nm. Tyrosine was used as standard and one unit of enzyme activity was defined as the amount of enzyme needed to catalyze the formation of 1 mg of tyrosine per 1 minute.

Total pigments

To measure the total pigment, 1 g of tissue was gained. After placing in 10 ml of bottle (with screw cup), 2.5 g sodium sulfate anhydrate was added to the samples and filled with pure acetone up to 10 ml. The samples were kept at -20 ° C for 48 hours to extract pigments. Then centrifuge (5000 rpm for 5 minutes) and read in the wave length of 200-800 nm and the highest absorption was used for calculation of total pigments (Olson, 1979).

Total pigments (mg/g) = {optimum absorption ÷ [0.25 × sample weight (g)]} × 10

Measure the color

For measuring the color used HunterLab. The L * index was used to express the brightness, a * indexes for the expression of red and green background and b * index for the expression of yellow-blue dimension (Park, 2005).

Growth Parameters

The characteristics of the culturing period included Specific Growth Rate (SGR), Weight Growth Rate (WGR), Length Growth Rate (LGR), Average Daily Growth Rate (ADG), Protein efficiency ratio (PER) and Condition Factor (CF) were calculated based on the following equations (Promya and Chitment, 2011).

$$\text{- SGR (\%/day)} = [(\text{LnWt} - \text{LnWi}) / \text{T}] \times 100$$

$$\text{- WGR (\%)} = [(\text{Wt} - \text{Wi}) / \text{Wi}] \times 100$$

$$\text{- LGR (\%)} = [(\text{Lt} - \text{Li}) / \text{Li}] \times 100$$

$$\text{- ADG (g/ day)} = (\text{Wt} - \text{Wi}) / \text{T}$$

$$\text{- CF} = \text{Wt} \times \text{Lt}^{-3} \times 100$$

$$\text{- PER} = (\text{Wt} - \text{Wi}) / \text{Dp}$$

Where Wt and Lt are respectively final weight and length, Wi and Li are respectively initial the mean weight and length of fish, Dp is dry protein intake and T is the length of the period.

Statistical Analysis

The results were analyzed using a standard one-way analysis of variance (ANOVA) using SPSS (version 22). Kolmogorov-Smirnov and Bartlett's tests were applied to check the normality and homogeneity of variances. To compare data obtained from treatments was used of Tukey test for 5% significance level. Excel 2013 was used for diagramming.

Result

Spirulina composition

Analysis showed that *spirulina* powders contains 63.2% protein, 6.4% fat, 16.3% carbohydrates and 8.3% ash and 5.7 percent moisture. The PC extracted

showed 2.6 mg/ml concentrations that it considered as analytical grade.

The effects of different levels of PC in diets on growth parameters of Guppy fish

Final weight, final length, SGR, WGR, LGR, PER and ADG has shown significant increasing when PC level was increased up to 0.15% ($p < 0.05$), but there was significant differences between the level of 0.15% PC to zero percent for CF factor of different treatments. ($p < 0.05$) (Table 2).

The effects of different levels of PC in diets on pigments and colors of Guppy fish

Phycocyanin added to the diets made significantly to increase total pigments in guppy tissue and about 2-fold increased pigments compared to control fish ($p < 0.05$). The L*, a* and b* indexes showed lowest in 0.05%, 0.15% and 0.15% PC, respectively ($p < 0.05$) (Table 3).

The effects of different levels of PC in diets on body biochemical composition of Guppy fish

Moisture of body showed no significant difference between the treatments ($p > 0.05$). Male and female protein increased with rising *spirulina* ($p < 0.05$). Crude protein increased significantly while PC raised up to 0.15% in diets.

On the other hand, with increasing PC in diets, the lipid and carbohydrate contents decreased ($p < 0.05$). Although, there was no significant differences between the ashes ($p > 0.05$) (Table 4).

Table 2: Growth parameters of Guppy fish (*poeciliareticulata*) fed with different levels of PC for 6 weeks

parameters	Level of PC in the diets (%)			
	Control	0.05	0.10	0.15
Initial Weight (g)	0.88±0.13	0.88±0.13	0.88±0.13	0.88±0.13
Final Weight (g)	1.09±0.04 ^a	1.36±0.40 ^b	1.49±0.30 ^b	1.95±0.21 ^c
Initial Length (cm)	2.44±0.24	2.44±0.24	2.44±0.24	2.44±0.24
Final Length (cm)	3.00±0.41 ^a	3.56±0.86 ^b	3.90±0.51 ^b	4.50±0.20 ^c
SGR (% / day)	9.37±0.12 ^a	31.48±1.03 ^b	42.46±3.61 ^c	67.79±0.86 ^d
WGR (%)	24.86±0.16 ^a	55.76±1.61 ^b	73.89±6.28 ^c	123.95±1.93 ^d
LGR (%)	25.41±3.47 ^a	54.51±12.17 ^b	56.15±5.21 ^b	87.70±4.63 ^c
PER	0.55±0.08 ^a	0.84±0.12 ^b	0.96±0.05 ^c	1.13±0.09 ^d
ADG (g / day)	0.005±0.000 ^a	0.011±0.000 ^b	0.014±0.001 ^c	0.024±0.000 ^d
CF	3.83±0.31 ^b	2.59±0.58 ^a	2.77±0.37 ^{ab}	2.05±0.13 ^a

Different letters indicate significant differences at the level of 5 percent.

Table 3: Total pigments and LAB of Guppy fish (*poeciliareticulata*) fed with different levels of PC for 6 weeks

Color metric	Level of PC in the diets (%)			
	Control	0.05	0.10	0.15
Total Pigments (mg / g wet weight)	7.97±0.31a	9.20±0.64b	9.91±0.42b	15.57±0.33c
L *	82.0±1.41a	67.0±10.51b	80.5±4.95a	91.3±6.01a
a *	6.75±1.06a	6.01±4.25a	5.30±3.75a	0.71±0.50b
b *	17.68±12.50a	2.12±1.50b	14.14±1.00a	1.06±0.75c

Different letters indicate significant differences at the level of 5 percent.

Table 4: The biochemical composition of Guppy fish (*poeciliareticulata*) fed with different levels of PC for 6 weeks.

Body composition (%)	Level of PC in the diets (%)			
	Control	0.05	0.10	0.15
Moisture (%)	64.16±0.54a	64.32±0.41a	65.08±0.35a	64.95±0.52a
Crude protein (%) (DW)	44.34±1.21a	46.94±1.24b	48.64±1.21c	51.25±1.54d
Lipid (%) (DW)	19.84±1.20c	18.68±1.08c	17.15±1.31b	15.72±1.38a
Ash (%) (DW)	8.47±1.65a	8.85±1.59a	8.15±1.09a	8.59±1.19a
Total Carbohydrate (%) (DW)	26.19±0.95b	24.19±1.05b	25.01±1.05b	23.15±1.08a

Different letters indicate significant differences at the level of 5 percent.

The effects of different levels of PC in diets on digestive enzymes of Guppy fish

Lipase activity has significantly decreased from increasing PC ($p<0.05$). Amylase activity showed a significant decrease of

rising in PC ($p<0.05$). Although protease activity was highly significant in different treatments ($p<0.05$) and extremely increased from zero up to 0.15% in fish fed with diets (Table 5).

Table 5: Digestive enzymes of Guppy fish (*poeciliareticulata*) fed with diets containing different levels of PC for 6 weeks

Parameters	Level of PC in diets (%)			
	Control	0.05	0.10	0.15
Lipase activity (μg per mg soluble protein)	5.42±0.03c	5.40±0.02c	5.37±0.02b	5.33±0.01a
Amylase activity (μg per mg soluble protein)	4.07±0.10c	3.87±0.12b	3.84±0.07b	3.59±0.10a
Protease activity (μg per mg soluble protein)	271.66±5.17a	290.87±3.62b	309.12±2.13c	364.53±5.52d

Different letters indicate significant differences at the level of 5 percent.

Discussion

The present investigation reveals that fish fed with 0.15% *Spirulina* PC elicited growth parameters (mean body length and weight, SGR, WGR, LGR, PER and ADG); it may be due to the high amount of PC and growth stimulatory effect of *Spirulina* PC in the diet. *Spirulina* has been identified as a potential protein source for animal feeds. It contains high protein and many essential amino acids, gamma linolenic acid, beta carotene and phycocyanin pigments, vitamins and minerals in large quantities. Scaria *et al.* (2000) found that ornamental fishes guppy (*Poecilia reticulata*) and platy (*Xiphophorus maculatus*) consumed maximum amount of *Spirulina* substituted feed than those fed with mushroom and azolla. Maximum growth rate was found in fishes fed with *Spirulina* diet than non-*Spirulina* diets (Daniel and Kumuthakalavalli, 1991; Okada *et al.*, 1991). Aravindan *et al.* (2001) reported that dietary E-carotene contents (10-30 mg 100g⁻¹) increased the specific growth rate (in terms of mean body length and weight) as compared to non-E-carotene diet of gold fish *Carassius auratus*.

PC made increase in total pigments in guppy fish when PC was between 0.05% to 0.15% and also the fish is brightly colored in skin. Even though the red swordtail fish is brightly colored, dietary substitution of *Spirulina* significantly further enhanced the coloration in the fins and skin. The increase in carotenoid contents in skin, fins and muscle of *X. helleri* in relation to dietary carotenoid content of *Spirulina* diets demonstrates

that, the fish has capacity to utilize it efficiently (James *et al.*, 2006). Similar observations in the muscle of trout and salmon have been made by a few authors earlier (Storebakken *et al.*, 1987; Bjerkgeng *et al.*, 1990). A dose-dependent carotenoid content has been reported in the muscle of Arctic char and salmon (Bjerkgeng *et al.*, 1990; Ando *et al.*, 1994; Halten *et al.*, 1997; Wathne *et al.*, 1998). Paripatananont *et al.* (1991) found that 36-37 mg astaxanthin kg⁻¹ diets produced maximum coloration in the goldfish, *C. auratus* and the coloration was stable even after 2 months. They also reported that feeding astaxanthin could be a suitable way for gold fish producers to stimulate color among fish grown in an algae free environment. In ornamental fishes, (unlike salmon and Arctic char) the pigmentation was highly found only in the skin and fins and this might be due to acquiring, digesting, utilizing dietary carotenoids and transporting more directly to the skin and fins rather than storing in muscle (Aravindan *et al.*, 2001). The low carotenoid contents in the muscle of *X. helleri*, indicates that the assimilated carotene is directly transported to the skin and fins to provide necessary pigmentation (James *et al.*, 2006). Also in guppy fish in this study beside high total pigments in tissue, there was highly color in skin. According to Schiedt *et al.* (1985) this was achieved by establishing reductive metabolic pathways from muscle to the skin and fins. In salmon, Arctic char and trout, the pigmentation of integument and fins occurs only during sexual maturation and a reduction in the muscle carotenoid is an

indication that the carotenoids are mobilized directly to the integument and fins from the muscle during that season.

High density lipoproteins have been demonstrated to be responsible for the carotenoid transport from muscle to integument in salmon (Ando and Hatano, 1988). Moreover, several abiotic and biotic factors are also expected to influence the ingestion, mobilization and metabolism of carotenoids like other feed constituents (Halten *et al.*, 1996). It is likely that, a similar mechanism operates in *P. reticulata* also.

By increasing spirulina PC in diets of *P. reticulata* was increased digestive enzymes so that lipase in each treatment showed a significant increase with others. Amylase in the digestive tract was significant decrease that could be due to low levels of carbohydrate in spirulina PC. Decreasing lipase in the digestive tract up to 0.15% spirulina PC showed significant differences because PC very rich in protein and pigments. The present study also revealed that supplementation of 0.15% Spirulina PC increased the chosen gut enzyme activities at all (amylase, protease and lipase) while the control diet (without PC) reduced the enzyme activities in *P. reticulata*. Nandeesh *et al.* (1998) found that higher levels of Spirulina (60-100%) supplementation reduced the intestinal protease and lipase in *Cyprinus carpio* and it supports the observations made in the present study. Field beans and groundnut leaf meals increased the amylase activity in the foregut and midgut; prawn head meal and chicken intestine diets showed an elevated amylase secretion in the foregut

but decreased gradually in the mid and hind guts of *Labeorohita* (Sethuramalingam and Haniffa, 2002). They also reported that prawn head and chicken intestine meals produced the higher secretion of protease in the midgut of *L. rohita*. Red swordtail fish exhibited the maximum lipase activity in hindgut of all the treatments. On the contrary, lipase activity was high in midgut followed by hindgut in cultivable fishes (Sethuramalingam and Haniffa, 2002).

In terms of biochemical composition, moisture and ash in *P. reticulata* were not affected by spirulina PC. *P. reticulata* protein content was significant differences when PC increased in diets up to 0.15%. Without taking into account the different levels of spirulina PC, the results of this study's is consistent with findings Nandeesh *et al.* (1998) on common carp, El-Sayed (1994) on silver sea bream and Chou and Shiau (1996) on tilapia (*Oreochromis* sp.). With the increasing levels of spirulina PC, body fat reduced significantly. These results are similar to Kim *et al.* (2013) revealed effects replacement of fish meal with spirulina in *Oplegnathus fasciatus* in levels of 5%, 10% and 15% that fat was significantly reduced in 15%. In general, the use of plant resources in the diets reduces the amount of body fat. Unlike the results of this study, Mustafa *et al.* (1994) on sea bream and Puwastien *et al.* (1999) on tilapia observed significant difference in body fat feeding algal sources. Polyphenol compounds are other antioxidant compounds in plants (Balasundram *et al.*, 2006). Kim *et al.* (2013) known the reason

for reduced the body fat fish, increasing concentrations of polyphenols in diet with increasing levels of *spirulina* that diet was positively correlated with antioxidant capacity.

References

- Ahsan, M.B., Mashuda, H.P., Tim, C.H. and Mohammad, R.H., 2008.** A review on culture, production and use of *Spirulina* as food for humans and feeds for domestic animals and fish (Vol. 1034, pp. 1–25). Rome, Italy: FAO Fisheries and Aquaculture Circular No. 1034.
- Ando, S. and Hatan, M., 1988.** Bilirubin-binding protein in the serum of spawning-migrating chum salmon, *Oncorhynchus keta*: its identity with carotenoid-carrying lipoprotein. *Fish Physiology and Biochemistry*, 5, 69-78.
- Ando, S., Fukudo, N. and Mori, Y., 1994.** Characteristics of carotenoid distribution in various tissues from red- and white-fleshed chinook salmon. *Oncorhynchus tshawytscha* (Walbaum). *Aquaculture and Fisheries Management*, 25, 113-120.
- Antelo, F.S., Anschau, A., Costa, J.A.V. and Kalil, S.J., 2010.** Extraction and Purification of C-phycocyanin from. *Journal of the Brazilian Chemical Society*, 21(5), 921–926.
- AOAC, 2005.** Official methods of analysis of A. O. A. C. International.
- Aravindan, C.M., Preethi, S. and Abraham, K.M., 2001.** Effect of increased bio-availability of beta carotene on the pigmentation of gold fish *Carassius auratus*. *Journal of Inland Fisheries Society of India*, 33:49-53
- Balasundram, N., Sundram K. and Samman, S., 2006.** Phenolic compounds in plants and agri-industrial by-products: antioxidant activity, occurrence, and potential uses. *Food Chemistry*, 99, 191–203.
- Benedetti, S., Rinalducci, S., Benvenuti, F., Francogli, S., Pagliarani, S., Giorgi, L., Micheloni, A., D'Amici, G. M., Zolla, L., and Canestrari, F., 2006.** Purification and characterization of phycocyanin from the blue-green alga *Aphanizomenon flos-aquae*. *Journal of Chromatography B*, 833, 12–18.
- Bennett, A., and Bogorad, L., 1973.** Complementary chromatic adaptation in a filamentous blue-green alga. *The Journal of Cell Biology*, 58, 419–435.
- Bhat, V.B. and Madyastha, K.M., 2000.** C-Phycocyanin: a Potent Peroxyl Radical Scavenger In Vivo and In Vitro. *Biochemical and Biophysical Research Communications*, 275, No. 1, 20.
- Bhat, V.B. and Madyastha, K.M., 2001.** Scavenging of Peroxynitrite by Phycocyanin and Phycocyanobilin from *Spirulina platensis*: Protection against Oxidative Damage to DNA. *Biochememical and Biophysical Research Communications*, 285, No. 2, 262.
- Bjerkeng, B., Storebakken, T. and Liaaen Jensen, S., 1990.** Response to carotenoids by rainbow trout in the sea: resorption and metabolism of dietary

- astaxanthin and canthaxanthin. *Aquaculture*, 91, 153-162.
- Burton, D., 2002.** The physiology of flatfish chromatophores. *Microscopy Research and Technique*, 58, 481–487.
- Cherng, S.C., Cheng, S.N., Tarn, A. and Chou, T.C., 2007.** Anti-inflammatory activity of c-phycoyanin in lipopolysaccharide-stimulated RAW 264.7 macrophages. *Life Sciences*, 81, 1431–1435.
- Chou, B.S. and Shiau, S.Y., 1996.** Optimal dietary lipid level for growth of juvenile hybrid tilapia, *Oreochromis niloticus* × *Oreochromis aureus*. *Aquaculture*, 143, 185-195.
- Dahlgren, B.T., 1980.** The effects of three different dietary protein levels on fecundity in the guppy, *Poeciliareticulata* (Peters). *Journal of Fish Biology*, 16, 83-97.
- Daniel, T. and Kumuthakalavalli, R., 1991.** The use of Spirulina, a blue green alga, as a substitute for fish meal in diets for *Cirrhinus mrigala* fingerlings. *Indian Zoology*, 15, 5-7.
- De Marsac, N.T., and Cohen-Bazire, G., 1977.** Molecular composition of cyanobacterial phycobilisomes. *Proceedings of the National Academy of Sciences of the United States of America*, 74(4), 1635–1639.
- El-Sayed, A.M., 1994.** Evaluation of soybean meal, *Spirulina* meal and chicken offal meal as protein sources for silver seabream (*Rhabdosargus sarba*) fingerlings. *Aquaculture*, 127, 169-176.
- Estrada, J.E.P., Bescós, P.B. and Fresno, A.M.V., 2001.** Antioxidant Activity of Different Fractions of *Spirulina platensis* Protean Extract. *Il Farmaco*, 56, No. 5-7, 497.
- Fujii, R., Oshima, N., 1994.** Factors influencing motile activities of fish chromatophores. In: Gilles, R. (Ed.), *Advances in Comparative and Environmental Physiology*, Vol. 2. Springer-Verlag, Berlin, pp. 1–54.
- Glazer, A.N., and Stryer, L., 1983.** Fluorescent tandem phycobiliprotein conjugates. *Biophysical Journal*, 43, 383–386.
- Hatlen, B., Arnesen A.M. and Jobling, M., 1996.** Muscle carotenoid concentrations in sexually maturing and immature Arctic char (*Salvelinus alpinus*). *Aquaculture Nutrition*, 2, 207-212.
- Hatlen, B., Arnesen, A.M., Jobling, Siikavuopio, M. and Bjerkeng, B., 1997.** Carotenoid pigmentation in relation to feed intake, growth and social integration in Arctic char, *Salvelinus alpinus* (L.), from two anadromous strains. *Aquaculture Nutrition*, 3, 189-199.
- Hedge, J.E. and Hofreiter, B.T., 1962.** In: *Carbohydrate Chemistry*, 17 (Eds. Whistler R.L. and Be Miller, J.N.), Academic Press, New York.
- James, R., Sampath, K., Thangarathinam, R. and Vasudevan, I., 2006.** Effect of Dietary Spirulina Level on Growth, Fertility, Coloration and Leucocyte Count in Red Swordtail, *Xiphophorus helleri*, *The Israel Journal of Aquaculture, Bamidgheh*, 58(2), 2006, 97-104.

- Kim, S.S., Rahimnejad, S., Kim, K.W. and Lee, K.J., 2013.** Partial replacement of fish meal with *Spirulina pacifica* in diets for parrot fish (*Oplegnathus fasciatus*). *Turkish Journal Fish Aquaculture Science*, 13, 197-204.
- Kodric-Brown, A., 1998.** Sexual dichromatism and temporary colour changes in the reproduction of fishes. *American Zoologist*, 38, 70–81.
- Kuddus, M., Singh, P., Thomas, G. and Al-Hazimi, A., 2013.** Recent developments in production and biotechnological applications of C-phycocyanin. *BioMed Research International*, 2013, 742859. Doi:10.1155/2013/742859.
- Liu, Z.Y., Wang, Z., Xu, S.Y. and Xu, L.N., 2008.** Partial characterization and activity distribution of proteases along the intestine of grass carp, *Ctenopharyngodonidella*. *Aquaculture Nutrition*, 14, 31–39.
- Lowry, O.H., Rosebrough, N.J., Farr, A.L. and Randall, R.J., 1951.** Protein measurement with Folin phenol reagent. *Journal of Biological Chemistry*, 193, 265–275.
- Mächtiger, L.M., Land, M.F., Siebeck, U.E. and Marshall, N.J., 2003.** Rapid colour changes in multilayer reflecting stripes in the paradise whiptail, *Pentapodus paradiseus*. *Journal of Experimental Biology*, 206, 3607–3613.
- Manconia, M., Pendas, J., Ledón, N., Moreira, T., Sinico, C., Saso, L., and Fadda, A.M., 2009.** Phycocyanin liposomes for topical anti-inflammatory activity: In-vitro in-vivo studies. *The Journal of Pharmacy and Pharmacology*, 61, 423–430.
- Metin, K. and Akpınar, M.A., 2000.** Characterization of lipase in intestine of *Oncorhynchus mykiss* (Walbaum, 1792). *Turkish Journal Biological*, 24, 489-502.
- Mustafa, M.G., Takeda, T.A., Umino, T., Wakamatsu, S. and Nakagawa, H., 1994.** Effects of ascophyllum and spirulina meal as feed additives on growth performance and feed utilization of red sea bream, *Pagrus major*. *Journal of the Faculty of Applied Biological Science Hiroshima University*, 33, 125-132.
- Nandeesh, M.C., Gangadhar, B., Varghese, T.J. and Keshavanath, P., 1998.** Effect of feeding *Spirulina platensis* on the growth, proximate composition and organoleptic quality of common carp, *Cyprinus carpio*. *Aquaculture Research*, 29, 305-12.
- Okada S., Liao W.L., Mori T., Yamaguchi K. and T. Watanabe, 1991.** Pigmentation of cultured striped jack reared on diets supplemented with the blue green alga, *Spirulina maxima*. *Bulletin of the Japanese Society for the Sciences of Fish*, 57, 1403-1406.
- Olivioto, I., Holt, S., Carnevali, O. and Holt, J., 2006.** Spawning, early development and first feeding in the lemonpeel angelfish (*Centropyge flavissimus*). *Aquaculture*, 253, 270-278.
- Olson, A., 1979.** A simple dual assay for vitamin A and carotenoids in human and liver. *Nutrition Reports International*, 19, 807–813.

- Paripatananont, T.; Tangtrongpairroj, J.; Sailasuta, A. and Chansue, N., 1999.** Effect of astaxanthin on the pigmentation of goldfish *Carassius auratus*. *Journal of the World Aquaculture Society*, 30j, 454-460.
- Park, J.W., 2005.** Surimi sea food: products, markets, and manufacturing. In: Park, J. W. editor, *Surimi and Surimi Seafood*, Boca Raton: Taylor and Francis Group, pp. 375-434.
- Patel, A., Mishra, S., Pawar, R. and Ghosh, P.K., 2005.** Purification and characterization of C-phycoyanin from cyanobacterial species of marine and freshwater habitat. *Protein Expression and Purification*, 40, 248–255.
- Patil, G., Chethana, S., Sridevi, A.S. and Raghavarao, K.S.M.S., 2006.** Method to obtain C-phycoyanin of high purity. *Journal of Chromatography. A*, 1127(1–2), 76–81.
- Promya, J. and Chitmant, C., 2011.** The effect of *Spirulina platensis* and *Cladophora* alga on the growth performance, meat quality and immunity simulating capacity of the African sharotooth catfish (*Clarias gariepinus*). *International Journal of Agriculture and Biology*, 13, 77-82.
- Puwastien, P., Judprosong, K., Kettwan, E., Vasanachitt, K., Nakngamanong, Y. and Bhattacharjee, L., 1999.** Proximate composition of raw and cooked Thai fresh water and marine fish. *Journal of Food Composition Analysis*, 12, 9-16.
- Reddy, M.C., Subhashini, J., Mahipal, S.V.K., Bhat, V.B., Reddy, P.S., Kiranmai, G., Madyastha, K.M. and Reddanna, P., C-Phycocyanin, 2003.** A Selective Cyclooxygenase-2 Inhibitor, Induces Apoptosis in Lipopolysaccharide-Stimulated RAW 264.7 Macrophages. *Biochemical and Biophysical Research Communications*, 304, No. 2, 385.
- Robyt, J.F. and Whelan, W.J., 1968.** The α -amylases. In: *Starch and Its Derivates*. Radley, J.A. (ed.). Academic Press, London, UK, pp. 477–497.
- Romay, C.H., González, R., Ledón, N., Ramirez, D. and Rimbau V., 2003.** C-Phycocyanin: a Biliprotein with Antioxidant, Anti-Inflammatory and Neuroprotective Effects. *Current Protein and Peptide Science*, 4, No. 3, 207.
- Scaria J., Kumuthakalavalli R. and Lawrence Xavier, R., 2000.** Feed utilization and growth response of selected ornamental fishes in relation to feeds formulated with Spirulina, mushroom and water fern. *Journal of Ecology and Environment*, 8:104-108.
- Schiedt K., Leuenberger F.J., Vecchi M. and Glinz, E., 1985.** Absorption, retention and metabolic transformation of carotenoid in rainbow trout, salmon and chicken. *Pure and Applied Chemistry*, 57, 685-692.
- Sethuramalingam, T.A. and Haniffa, M.A. 2002.** Effect of formulated diet on digestive enzymes of *Labeorohita*. *Indian Journal of Experimental Biology*, 40, 83-88.
- Silveira, S.T., Quines, L.K.D.M., Burkert, C.A.V. and Kalil, S.J., 2008.**

- Separation of phycocyanin from *Spirulina platensis* using ion exchange chromatography. *Bioprocess and Biosystems Engineering*, 31, 477–482.
- Sköld, H.N., Aspengren, S. and Wallin, M., 2002.** The cytoskeleton in fish melanophores. *Microscopy Research and Technique*, 58, 464–469.
- Storebakken, T., Foss P., Schiedt, K., Avstreng, E., Liaaen-Jensen, S. and Manz, U., 1987.** Carotenoids in diets for salmonids. IV. Pigmentation of Atlantic salmon with astaxanthin, astaxanthindipalmi-tate and canthaxanthin. *Aquaculture*, 65, 279–292.
- Sugimoto, M., 2002.** Morphological colour changes in fish: regulation of pigment cell density and morphology. *Microscopy Research and Technique*, 58, 496–503.
- Svensson, P.A., Forsgren, E., Amundsen, T. and Sköld, H.N., 2005.** Chromatic interaction between egg pigmentation and skin chromatophores in the nuptial coloration of female two-spotted gobies. *Journal of Experimental Biology*, 208, 4391–4397.
- Thanh-Sang, V., BoMi, R. and Se-Kwon, K., 2013.** Purification of novel anti-inflammatory peptides from enzymatic hydrolysate of the edible microalgal *Spirulina maxima*. *Journal of Functional Foods*, 5, 1336–1346.
- Walter, H.E., 1984.** Proteinases: methods with hemoglobin, casein and azocoll as substrates. In: *Methods of Enzymatic Analysis*. Bergmeyer, H.U. (ed.). vol. V. Verlag Chemie, Weinheim, Germany, pp. 270–277.
- Wang, L., Qu, Y., Fu, X., Zhao, M., Wang, S. and Sun, L., 2014.** Isolation, purification and properties of an R-Phycocyanin from the phycobilisomes of a marine red macroalga *Polysiphoniaurceolata*. *PLoS ONE*, 9(2), e87833. Doi:10.1371/journal.pone.0087833.
- Wathne, E., Bjerkeng, B., Storebakken, T., Vassvik, V. and Odland, A.B., 1998.** Pigmentation of Atlantic salmon (*Salmo salar*) fed astaxanthin in all meals or in alternating meals. *Aquaculture*, 159, 217–231.
- Zarrouk, C., 1966.** Contribution à l'étude d'une Cyanophycée: Influence de Divers Facteurs Physiques et Chimiques sur la Croissance et la Photosynthèse de *Spirulina maxima* (Setch et Gardner) Geitler. Ph.D. Thesis, Faculté des Sciences de l'Université de Paris, Paris, France.