



Precepts Of Homoeopathic Pathogenetic Trial

**Dr.Mhaishale Hasina^{1*}, Dr. Mushtaqahamed Mhaishale²,
Ketulkumar D. Parmar³**

➤ **Abstract**

Homoeopathy is 2nd largest system of medicine and rapidly grownup alternative system of medicine based on similia similibus curentur which is introduced by Dr. Hahnemann-1796. The base and concrete block which help to construct homoeopathic system of medicine is drug proving or HPT-Homoeopathic pathogenetic trial. So, all homoeopaths' needs to know detail about drug proving. thus, I considered in my study history(Drug proving during hahnemannian time), Drug proving by CCRH, protocol, methodology of drug proving which help us to understand and differentiate the drug proving Hahnemannian time and present time .

➤ **Keywords:** Homoeopathy, CCRH, Hahnemannian , HPT, Double blind control method, Methodology,

¹*HOD, Professor in Department of Obstetrics and Gynecology, Parul Institute of Homoeopathy Research, Vadodara, Gujarat. Email: hasina.mhaishale87176@paruluniversity.ac.in

²HOD, Professor in Department of Repertory, Parul Institute of Homoeopathy Research, Vadodara, Gujarat

³3rd BHMS, Parul Institute of Homoeopathy Research, Vadodara, Gujarat

***Corresponding Author:** Email: Dr. Hasina Mhaishale

*HOD, Professor in Department of Obstetrics and Gynecology, Parul Institute of Homoeopathy Research, Vadodara, Gujarat. Email: hasina.mhaishale87176@paruluniversity.ac.in

➤ INTRODUCTION:-

- Drug proving is systemic process to investigate the pathogenetic power of the drug by administering the drug on healthy human beings of both sexes, all ages, different constitutions and groups. It is also termed as HPT-Homoeopathic pathogenetic trial. This is only and unique method which is based on nature's law of cure seen only in the homoeopathic system of medicine. In modern medicine the trial drug substances are injected in tissues of animals like rat, rabbit or frog etc. And the effect of drugs is recorded after pathological changes take place in tissue while in homoeopathy drug substances are administered orally on healthy human beings that's why we obtain subjective symptoms that are fear, nervousness or any other mental level symptoms which is felt only by the patient himself along with objective symptoms or physical symptoms like redness, oedema, fracture. The superiority or plus point of proving only healthy humans is that we can get physical as well as subjective symptoms which helps to understand the person's mental level, thinking process, nature or temperament and also help to find out suitable similia to boost up the vital force by means of individualization. During Hahnemannian time drugs were proved by Dr. Hahnemann on himself, on his friends, relatives, colleagues etc. In India drug proving was conducted by CCRH on a particular group of people in different centers or institutes by the use of double blind placebo control method.

➤ DRUG PROVING DURING HAHNEMANNIAN TIME:-

- In history Albrecht von Haller was the first person who suggested that medicine should be proved on healthy human beings (1708-77). Dr. Hahnemann accepted this in the Codex of Homoeopathy (Organon of Medicine). In 1790 Dr. Hahnemann translated the book from English to German that is Cullen's *Materia Medica*. Dr. Cullen mentioned in a small footnote "Malaria cured by Cinchona bark because of its bitter taste". He was not satisfied with this. The importance of this sentence for Dr. Hahnemann like falling of

Apple to the Newton. He decided that he would experiment on himself and he took cinchona bark twice in a day. He observed that cinchona bark produced symptoms which were similar to malaria fever. This same experiment was conducted on other healthy individuals like his friends, family members, relatives, colleagues, disciples etc. He was surprised because all of them were attacked by malaria-like symptoms. He was sure that cinchona bark has the capacity to produce malarial symptoms in healthy human beings. After six years of experiment he gave a basic law of homoeopathy on the basis of this observation that is "Similia Similibus Curetur" in 1796. Thus, in history it was Dr. Hahnemann who started tasting the drugs on himself, his friends and family members. He called this process DRUG PROVING. During that time there were many things which were not clear and not known completely by Dr. Hahnemann. It was an initial learning phase for Dr. Hahnemann regarding drug proving but still on the basis of his experiment regarding the drug proving Dr. Hahnemann recorded the pathogenesis of 27 drugs which was partly proved on himself and partly from toxicological observation which is mentioned in *Fragmenta de viribus medicamentorum positivis sive in sano corpore humano observatis*. After that Dr. Hahnemann recorded purely proven symptoms in *Materia Medica Pura*. He recorded all these symptoms of 99 drugs in an anatomical schematic representation. There are three editions of *Materia Medica Pura*. In the first edition six volumes were published from 1811 to 1821. The name of 35 co-provers mentioned in *Materia Medica Pura* who gave their contribution in drug proving.

(Methodology of Drug proving at that time)

- Dr. Hahnemann mentioned in the preface to the 3rd edition of his first volume "The experiment which have been made by me and my disciples which are done with full care and our provers are perfectly healthy and living in contentment and comparative ease." Dr. C. Hering says that, Dr. Hahnemann cleared the doubts to his fellow workers and explained the rules regarding the drug proving after that Dr. Hahnemann

check and observe the day books and He examined every prover very carefully. Prover mentioning of everything that influenced their feelings, daily activities and peculiar symptoms in the day book .when prover handing their papers to him, Dr. Hahnemann cross examined and verified the symptoms. Medicine introduced in repeated small doses until Some effect Was produced .Only true and pure symptoms considered in materia medica pura but symptoms which is not considered as pure mention in bracket. All proving medicines arranged alphabetically according to their German common names .In this way master Hahnemann build up his materia medica.

➤ **DRUG PROVING IN PRESENT:-**

- In India drug proving is conducted by CCRH -Central Council for Research in Homoeopathy. The drug which are proved according to the guidelines of CCRH considered as true, real and authentic process of drug proving. For that CCRH give drug proving protocol which is mention below.

(Drug proving protocol)

- It includes various criteria that are inclusion criteria, Exclusion criteria and proforma which are used during drug proving.

(1) Pre-requirements :-

- Any healthy males and females between the ages of 18 to 50 year can take parts in drug proving .we should give information regarding the drug proving to the proves and take written consent from proves. After that we do pre-trial medical examination of the provers by general physician, ENT specialist, Heart specialist, Eye specialist, psychiatrist, Dermatologist etc. And if prove is female then Gynecological examination should also be done.

(2) Inclusion criteria:-

- The age of both male and female volunteers should be between 18 to 50 years and apparently healthy. They should intelligent enough to record all the objective And Subjective symptoms carefully which is generated by the drug.

(3) Exclusion criteria:-

- Volunteers suffering from any disease conditions both acute and chronic and If take any type of medical treatment .prover having color blindness and any history of allergies or hypersensitivity. If the prover is women and she is pregnant, in puerperium Stage and while breast feeding.

(4) Proforma:-

- There are different types of proforma which is used during drug proving by different people.
- **Prover's day book proforma:** - This proforma design for prover who is under in trial to record each and every symptom which is feels by him.
- **Symptoms Elaboration proforma:** - This proforma filled by proving Master who received the drugs form council.
- **Pathological report sheet:** - This proforma filled by pathologist.

(Methodology)

- CCRH conducting drug proving by the use of double blind placebo controlled method . In which we divided the people in two groups first One is control group that receives Placebo and second is Experimental group they receive drug substances. This method is used to test the effectiveness of new medicine. One drug is proved at least Three to four centers. Council supplies the drugs in separate phile, which is labeled with the drug code, Unit code, and prover code .sealed containers sent to proving Master of different Unit or institutes. Before administration of drug, proving Master Confirm the fulfillment of criteria for healthy prover. And Proving master Also checked that prover done pre Medical examination Or Not. The drug is administrated In 4-6 Globules 4 Time in day for 15 days .those prover who are habitual To tobacco ,smoking ,tea alcohol etc., are advice to reduce the use of this type of stimulants .Inform to prover record all the subjective and objective symptoms and changes Which is take place in body after consuming the Drug in day book .The proving master check the Day book every Day and note down the changes regarding the prover and his own observation in his Elaboration proforma .The

clinical, pathological and radiological investigation which is done during the period of trial also be record by proving Master. If prover developed any sign and symptoms, administration of Drug is stopped immediately and not re-administrated till symptoms persist. After the completion of trail prover again go under the medical examination and compare the post-trial status with preliminary medical examination. By this way we collect the symptoms and science of different drug and understand the healing power of that particular substance.

➤ RESULT:-

- Drug proving is building block of this alternative system of medicine that is homoeopathy. In this system drugs are prepared from plant, animal, and mineral kingdom also from nosodes as well as sarcodes. By this process of drug proving we know the pathogenetic power of drug by proving on healthy Human beings. Substances which produce harmful effect on healthy human beings the same substance can remove the similar sign and symptoms from diseased person for that we bring the drug at dynamic level by trituration and succussion. Drug proving has been going on for last 250 years .so far there are about 4500 medicines in homoeopathy. In India drug proving conducted only under the direction of CCRH thus, only limited drugs are proved every year .for more proving of new drugs and re-proving of drugs and for the progress of homoeopathy more centers are required under whom process of drug proving conducted.

➤ DISCUSSION:-

- Drug proving started before 250 years by Dr. Hahnemann. He written pure completely proved symptoms in materia medica pura at that time but amazing think is that symptoms which are written at that time we observe the same symptoms in patients even today also. Which indicate Master Hahnemann's great work, his keen observation and his intelligence. During his time no smart phone, no social media etc. but today we all are surrounded by internet life, smart phone, and

social media which strongly affect on human mental level. So, we need to re-proving of drugs which proved 250 years ago and find out the difference of symptoms.

➤ CONCLUSION

- In India drug proving is conducted only under the direction of CCRH, for more proving of new drugs and re-proving of drugs and for the progress of homoeopathy more centers are required under whom the process of drug proving is conducted.
- Students & researchers should be encouraged to work more on drug proving.

➤ References:-

- Materia medica pura by Dr. Samuel Hahnemann
- Text book of homoeopathic materia medica by Dr. J.D patil –B. jain publishers(P)Ltd. 2013
- Homoeopathic drug proving by central council for research in homoeopathy CCRH(Volume:-2)
- Homoeopathic drug proving by central council for research in homoeopathy CCRH(Volume:-3)
- Materia medica pura by Dr. Ramjee singh
- Organon of medicine by Samuel Hahnemann aude sapere with introduction and commentary on the text by B.K Sarkar published by Birla publications Pvt. Ltd.
- A text book of homoeopathic pharmacy by Dr. Partha Pratim mandal and Dr. Biman Mandal.
- <https://www.homeobook.com/homoeopathic-drug-proving/>
- <https://www.ccrhindia.nic.in>