



Effect Of *Cajanus Cajan* On Cold Stress Induced Ulcer In Rats

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Abstract

The present study was carried out to evaluate the effect of ethanolic leaf extract of *C. cajan* on cold stress induced Ulcer in albino rats. The effect was assessed by estimation of ulcer index, P^H of gastric juice, oxidative marker MDA, MPO, serum nitrate content, SOD and GSH content and pro inflammatory cytokines IL-6, IL-8 and TNF- α and histopathology of stomach at a dose of 300 and 500 mg/kg (per oral) were determined. *C. cajan* extract significantly ($p < 0.001$) decrease in ulcer index and increase P^H of gastric juice was observed compared to control group, Increased in SOD, GSH, CAT and NO decrease in MPO and MDA contents, pro inflammatory cytokines IL-6, IL-8 and TNF- α significantly decrease and histopathology of stomach restore to normal compare to control, this obtained results revealed that the extract of *C. cajan* has significant anti ulcer activity in rats.

Keywords: *C. cajan* Cold stress, Ulcer, IL-6, IL-8 and TNF- α

INTRODUCTION

Cajanus cajan of family (Fabaceae), commonly known as “Pigeon pea” (English), is widely grown in the tropics and the subtropics. It's used as medicine and the health food in Asia and South America different parts of world. possess potent antioxidant, anti-inflammation, anticancer, hypoglycemic, anti-microbial, hypocholesterolemia, hepatoprotective and nephroprotective activities^[1-2]

was reported anti-cancer activity.^[3] Zhang *et al* demonstrated that the major active compounds responsible for CR were polyphenols, especially isoflavonoids. Duker-Eshun *et al.*^[4-5] identified the major components, which included betulinic acid, cajanol, genistein, and a flavonoid with phytoestrogen activity, is abundant in soy foods and possesses antioxidant^[6] anti-inflammatory^[7] and anti-cancer activities^[8].

Stress is a typical body's natural defense to a generic physical or psychic change, which involves a temporary alteration of organism homeostasis^[9]. Based on observations on gastric ulcer patients, a higher incidence of ulcerative disease was found among subjects who underwent a greater tension-emotional state. Stress frequency became definitely more assiduous during strong psychological tension periods (war or economic crisis) on a large portion of the population^[10]. Therefore, there seems to be a specific linking mechanism between ulcer onset and psycho-physical stress prolonged exposure. Thus, it is reasonable to affirm that psychosomatic factors, such as distress, play a pivotal role in the mechanisms involved in gastric ulcer induction.^[11] The present work is cold stress induced anti ulcer activity of *C. cajan* in rats.

MATERIALS AND METHOD:

The leaf of *C. cajan* were collected in the month of August-September from the local areas of Hyderabad and make herbarium. The plants were identified, confirmed and authenticated by Dr. Vijaya Bhasker Reddy, Assistant Professor, Department of Botany, Osmania university, Hyderabad. A voucher specimen (No. OUAS-151).

The fresh leaves around 2kg shade dried for 15 days; fruit material was powdered using mixer grinder and passed through sieve no 85. Weight About 150gm of dried fruit powder was subjected to soxhlet's apparatus extraction using ethanol solvent for 72 hrs. The extract were concentrated in rotary flash evaporators and stored in refrigerator

Preliminary phytochemical analysis: the extracts were then subjected to preliminary phytochemical analysis to assess the presence of various phytoconstituents^[12].

Experimental animals

Adult wistar rats of male 9 to 11 week age, weighing 150-170gm were procured from Mahaveera enterprises, Hyderabad. Animals were housed in standard laboratory conditions at 25°C with 12 hr light-dark cycle with free access to chow and water *ad libitum*. The research protocol was approved by (HKES/COP/MTRIPS/IAEC/105/2022).

Cold stress induced ulcer

Albino rats 150-180gm of either sex were divided in to 5 groups of 6 animals each.

Group -I served as control,
 Group-II served as cold stress control,
 Group-III served as cold stress induced and *C. cajan* 400mg/kg p.o,
 Group IV cold stress subjected and extract *C. cajan* 600 mg/kg and
 Group - V cold stress induced and Omerrazole 20mg/kg (p.o).

Cold Stress was induced in 2nd, 3rd, 4th and 5th groups in albino rats by exposing temperature $4 \pm 1^\circ\text{C}$ daily for 2 hrs for 10 days¹⁶. On 11th day all the animals were sacrificed blood are collected for estimation of serum [18]. The animals were dissected and the stomach carefully keeping the esophagus closed opened along the greater curvature the gastric contents were collected in a tube and centrifuged at 3000 rpm for 5 min, the volume of supernatant was expressed as ml/100g body weight. The mucosa was flushed with saline finally the ulcers were observed macroscopically. The observation was made for any ulceration or inflammation in the stomach. The stomachs were opened along the greater curvature and the mucosa was exposed for evaluation. Ulcer index, percentage protection and the P^H of gastric juice was determined statistically. stomach tissue the used for measurement of oxidative stress markers like Malondialdehyde (MDA), Reduced Glutathione (GSH), Superoxide dismutase (SOD) and Myeloperoxidase (MPO). Estimation of pro inflammatory cytokines are IL-6, IL-8, IL-1 β and TNF- α level in homogenized stomach and kidney supernatant analysed with ELISA kit. stomach tissue was fixed in 10% formaldehyde for histopathological evaluation using haematoxylin and eosin (H & E) stain. [13-21]

Statistical analysis

The results were expressed as mean \pm SEM. The data was analyzed by one-way analysis of variance (ANOVA) followed by Dunnett’s multiple comparison test. A value of $P < 0.05$ was considered as statistically significant.

RESULTS:

The phytochemical studies of *C. cajan* shows the presences of primary and secondary metabolites such as Alkaloids, glycoside, sterol, flavonoids, terpenoids, protein and amino acids and carbohydrates. Cold stress induced significantly increases the incidence and severity of gastric ulcers. In the present study *C. cajan* treatment showed ulcer protection by significant reduction in Ulcer incidence (%), increase in P^H of Gastric juice (figure 1).

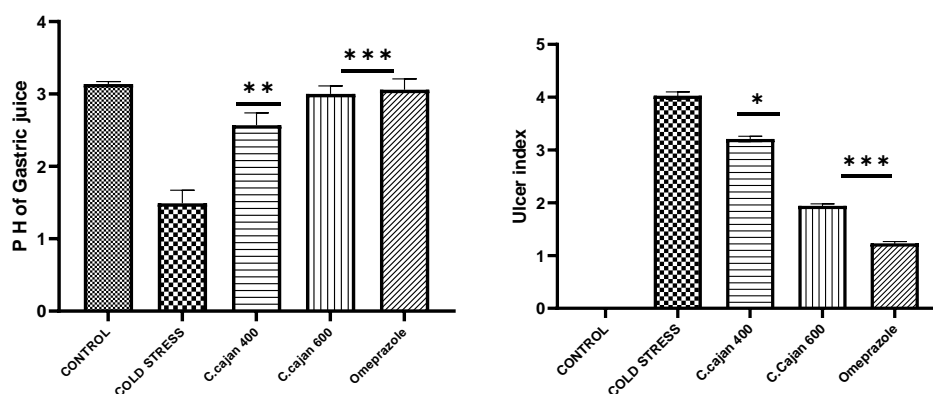
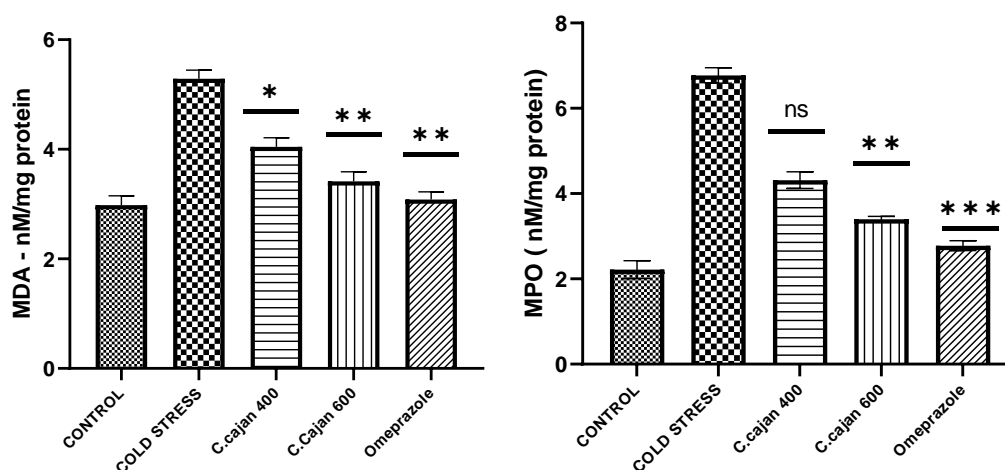


Figure 1: Effect of *C. cajan* on Cold Stress induced Ulcer parameter



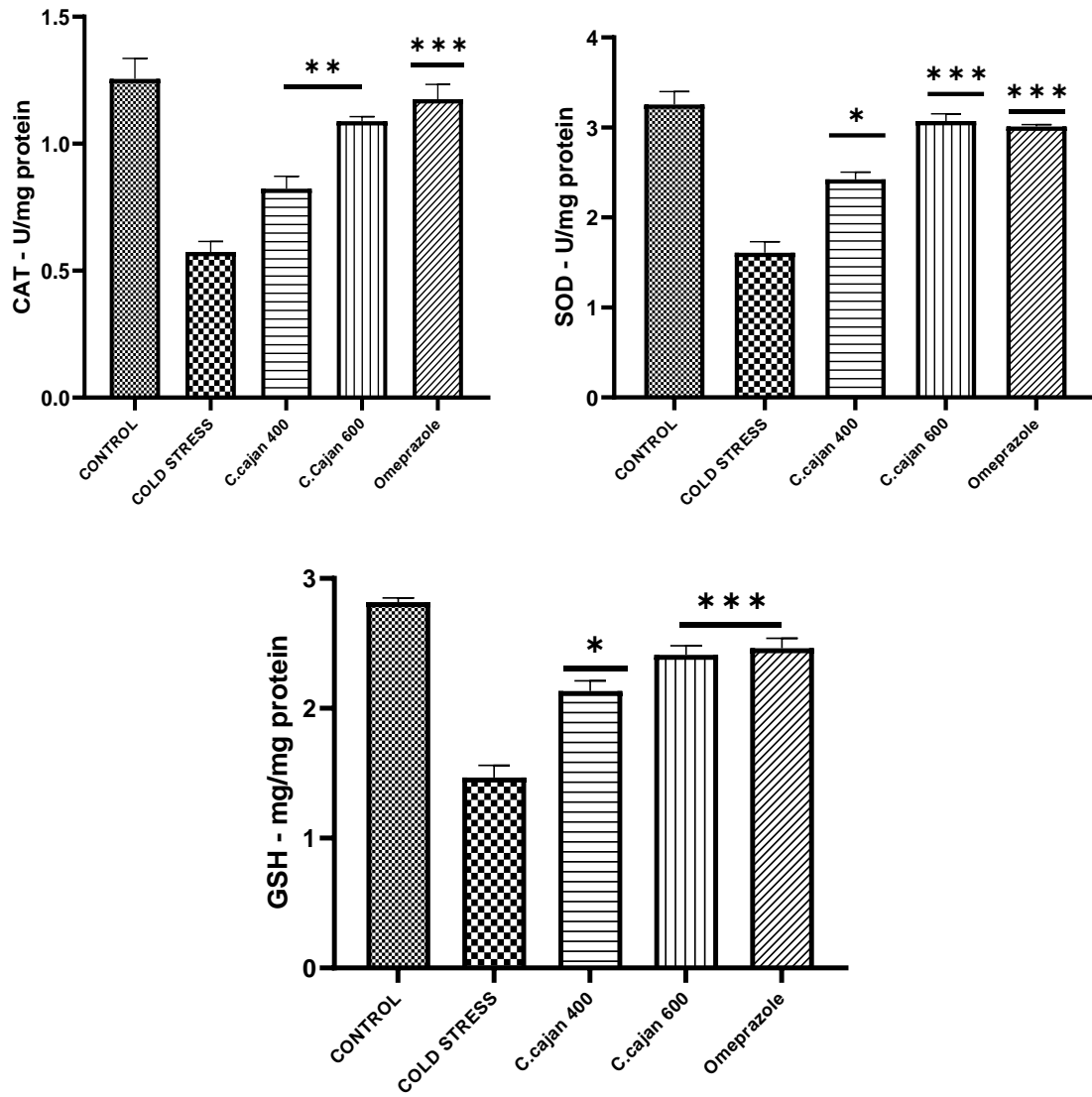


Figure 2: Effect of *C. cajan* on oxidative stress markers in Cold Stress induced Ulcer parameter

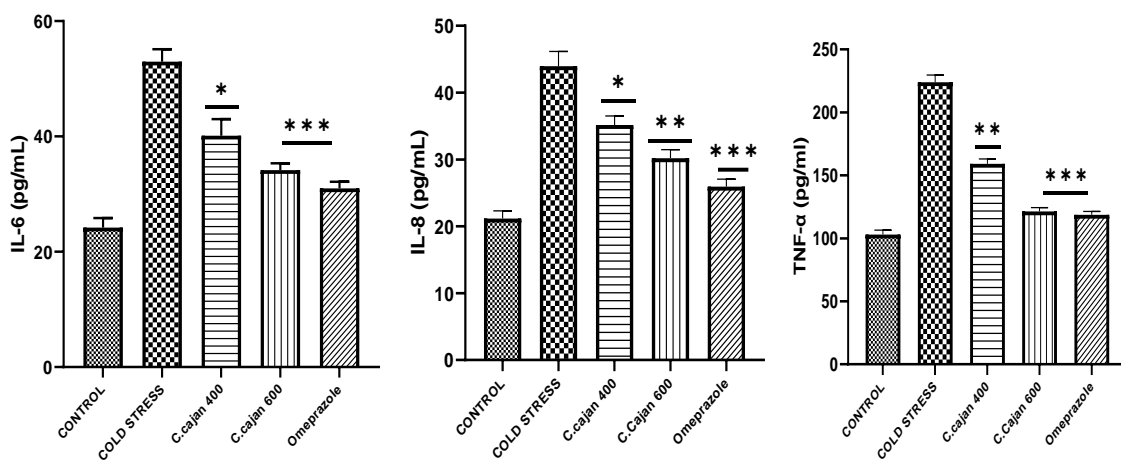
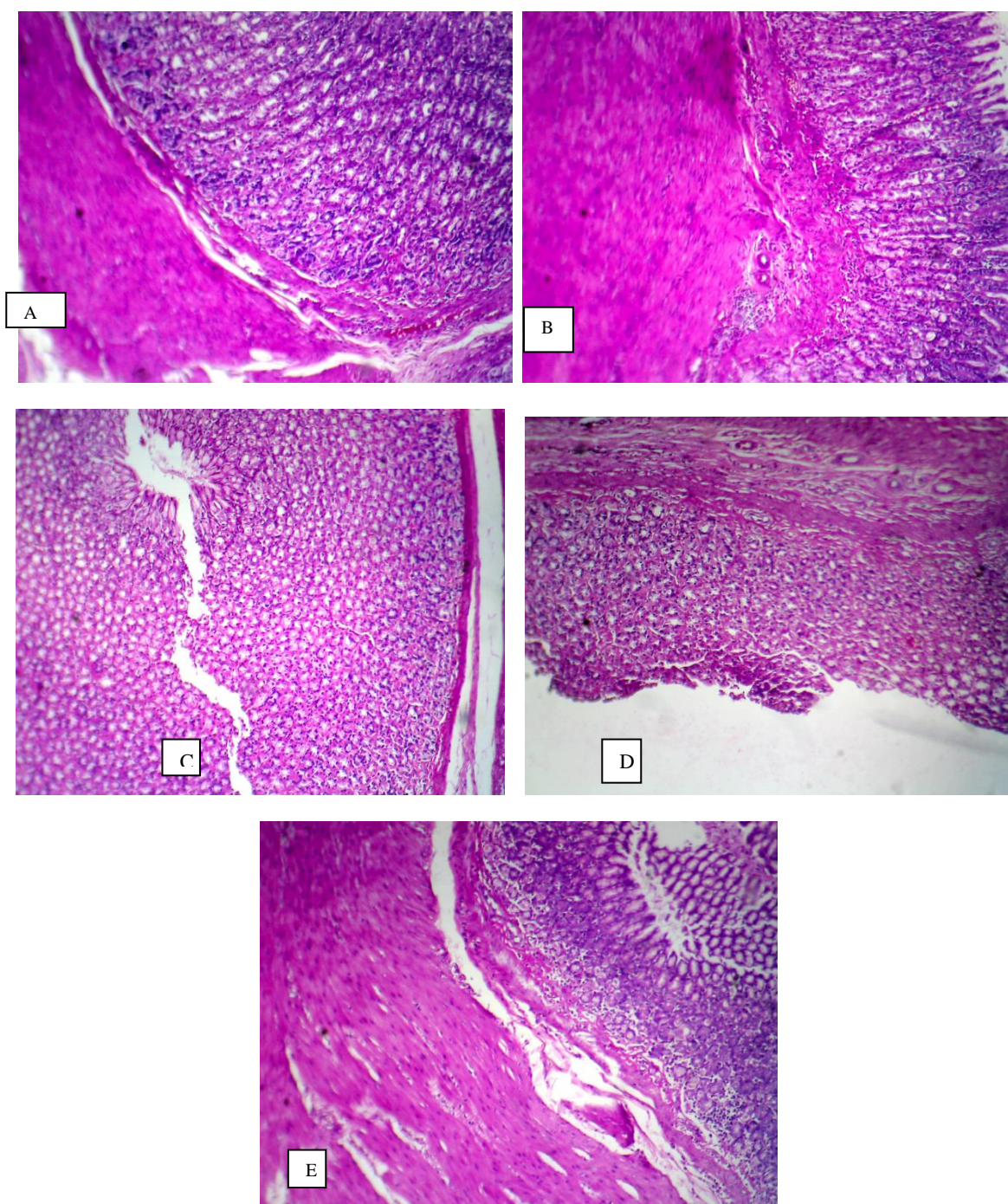


Figure 3: Effect of *C. cajan* on Pro inflammatory cytokines markers in Cold Stress induced Ulcer parameter



Photograph 1 : Histological characteristics of stomach tissue section in different experimental groups. Hematoxylin-Eosin staining was performed in this purpose. A) Control group: shows intact epithelial layer , normal muscular arrangement, B) Cold stress induced group: shows extensive surface disruption, hemorrhage and necrosis in epithelial layer, loss of glandular tissue, decrease in muscular height, (C D and E) *C. cajan* 400,600 and omeprazole Pre-treated group: shows very minimum loss of glandular tissue, apparently normal mucosal height and almost intact epithelia layer.

DISCUSSION:

The connection between the severe psychobiological and physiological stress and gastric damage has long been recognized [22]. It has been widely accepted that stomach wall secretion and motility alteration may manifest in stressful situations causing more or less severe ulcerations of gastrointestinal mucosa. This correlation was also observed in our animal model. Indeed, mucosa of stress-induced gastric ulcer rats showed a large number of ulcerative lesions, which disappeared when treated with omeprazole.

Stress-induced ulcer is probably mediated by the release of histamine. It plays various roles for ulceration increases gastric secretion, causes disturbances of the gastric mucosal microcirculation, creates abnormal motility, and reduces mucus production [23]. The other mechanisms of induction of gastric lesions by CRS are arteriolar vasoconstriction through

activation of peripheral sympathetic nerves, excessive production of free radicals, decrease in SOD level and Haber-Weiss reaction [24].

In this study, oxidative stress markers like MDA, reduced glutathione GSH were measured to evaluate the effect of *C. cajan* on oxidative stress. MDA as the end product of lipid peroxidation was significantly. It was established that cold-restraint stress induces the generation of free radicals [25] which starts lipid peroxidation and increases MDA production as end product. Accumulation of MDA alters the redox homeostasis as well as tissue damage [26]. Several phenolic compounds catechins, of *C. cajan* act as anti-ulcer agents by exerting scavenging role against free radicals to prevent gastric ulceration.

The GSH content in the tissue of stomach. It was observed that GSH content significantly Reduce glutathione (GSH) non-enzymatic anti-oxidant, acts as electron donor and reduces disulfide bond. During reaction GSH is converted to its oxidized state glutathione disulfide (GSSG) in presence of enzyme GPx. Oxidized glutathione (GSSG) returns back to GSH (reduced form) by glutathione reductase (GR) and maintains the normal cellular GSH level [24,27].

CONCLUSION

In cold stress induced ulcer, the healing effect of *C. cajan* which appears to be related to the free radical scavenging property. The significant restoration of SOD, CAT and GPx activities after administration of *C. cajan* indicates that it has the ability to reinstate these enzymes along with inhibition of lipid peroxidation and GSH depletion. Furthermore, *C. cajan* also ameliorates the gastric mucosal damage by exerting antioxidant mediated cytoprotective activity. Thus, the present study indicates the health benefits of *C. cajan*.

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CONFLICT OF INTEREST

We have no conflict of interest to declare

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