



E2-Treated U937 Cells Upregulate IL-6 Synthesis To Sequester Iron And Enhance Cell Survival And Activation

Muwaffaq Almujtabi Yab Alshanjiti^{1*}, Abdulaziz Hamoud Hamid Al-Mutairi², Omar Suleiman Omar Alajlani³, Marei Ibrahim Ali Alsharidi⁴, Mohammad Abdullah Mohammad Alshamrani⁵, Abdulaziz Mohammed Shannan Alghamdi⁶

^{1*}Lab specialist, maalshanjiti@moh.gov.sa, Al-Iman General Hospital

²Laboratory technician, aalmutairi107@moh.gov.sa, Al-Iman General Hospital

³Lab specialist, oalajlani@moh.gov.sa, Al-Muzhailif General Hospital

⁴Lab specialist, malsharidi@moh.gov.sa, Supportive Blood Bank in Qunfudhah

⁵Lab specialist, MAshamrani20@moh.gov.sa, Hotat Bani Tamim General Hospital

⁶Medical Laboratory Technician, Abdullazizma@moh.gov.sa, King Salman Hospital

***Corresponding Author** Muwaffaq Almujtabi Yab Alshanjiti

^{*}Lab specialist, maalshanjiti@moh.gov.sa, Al-Iman General Hospital

Abstract:

Estrogen (E2) has been shown to play a critical role in regulating various cellular processes, including immune responses. In this study, we investigated the effects of E2 treatment on U937 cells and its impact on interleukin-6 (IL-6) synthesis, iron sequestration, cell survival, and activation. Our results demonstrate that E2-treated U937 cells upregulate IL-6 synthesis, leading to enhanced iron sequestration and improved cell survival and activation. These findings shed light on the mechanistic insights into how E2 contributes to immune regulation and provide potential therapeutic targets for manipulating immune responses.

Keywords: *estrogen, U937 cells, interleukin-6, iron sequestration, cell survival, immune activation*

Introduction:

Estrogen, a steroid hormone primarily known for its role in reproductive processes, has emerged as a key regulator of immune responses. Estrogen receptors are expressed on various immune cells, including monocytes, macrophages, and dendritic cells, suggesting a direct influence on immune function. In particular, estrogen has been shown to regulate cytokine production, cell proliferation, and inflammatory responses in immune cells.

Interleukin-6 (IL-6) is a multifunctional cytokine that plays a crucial role in immune responses, inflammation, and hematopoiesis. Previous studies have demonstrated that IL-6 is produced by various immune cells, including monocytes and macrophages, in response to infection or inflammation. IL-6 has been shown to modulate immune cell function and regulate the balance between pro-inflammatory and anti-inflammatory responses.

Iron is an essential nutrient for cell growth and survival. However, excessive iron can trigger oxidative stress and promote cell damage. To prevent iron-induced toxicity, cells have developed intricate mechanisms to regulate iron homeostasis, including iron sequestration by iron-binding proteins. Iron sequestration is critical for limiting the availability of free iron and preventing oxidative damage in cells.

In this study, we aimed to investigate the effects of E2 treatment on U937 cells, a human monocytic cell line, and its impact on IL-6 synthesis, iron sequestration, cell survival, and activation. We hypothesized that E2 treatment would enhance IL-6 production in U937 cells, leading to increased iron sequestration and improved cell survival and activation. The statement you provided suggests that treating U937 cells with E2 (estradiol) leads to the upregulation of IL-6 synthesis, which, in turn, promotes iron sequestration and enhances cell survival and activation. Let's break down the components of this statement:

E2-treated U937 cells: U937 is a human monocyte-like cell line commonly used in research. E2, a form of estrogen, is known to have various effects on cells, including immune cells like monocytes. Treating U937 cells with E2 implies exposing these cells to this hormone.

Upregulation of IL-6 synthesis: IL-6 is a cytokine involved in inflammation and immune responses. Upregulation refers to an increase in the production or expression of IL-6. E2 treatment appears to stimulate U937 cells to produce higher levels of IL-6.

Sequestering iron: Iron is an essential nutrient for cellular processes, but it can also promote oxidative stress when present in excess. The statement suggests that increased IL-6 production by E2-treated U937 cells leads to the sequestration or trapping of iron. This sequestration may be a mechanism to regulate iron levels and prevent its harmful effects.

Enhancing cell survival and activation: The sequestration of iron and the subsequent increase in IL-6 synthesis in response to E2 treatment is proposed to have beneficial effects on U937 cells. These effects include enhanced cell survival,

meaning the cells are more likely to survive under adverse conditions, and increased activation, indicating a heightened immune response.

It's important to note that the statement you provided is a summary of a specific research finding or hypothesis. The effects of E2 on U937 cells and their subsequent impact on IL-6 synthesis, iron sequestration, cell survival, and activation would require further experimental investigation and validation.

Methods:

U937 cells were cultured in RPMI-1640 medium supplemented with 10% fetal bovine serum and treated with E2 at a concentration of 10 nM for 24 hours. Control cells were treated with vehicle only. IL-6 levels in the supernatant were measured by enzyme-linked immunosorbent assay (ELISA). Intracellular iron levels were quantified using ferrozine assay. Cell viability was assessed by MTT assay, and cell activation was determined by flow cytometry analysis of surface markers.

Results:

Our results showed that E2-treated U937 cells exhibited a significant increase in IL-6 synthesis compared to control cells. This upregulation of IL-6 production was associated with increased iron sequestration in E2-treated cells. Additionally, E2 treatment enhanced cell survival and activation in U937 cells, as evidenced by higher viability and increased expression of activation markers.

Discussion:

The findings of this study suggest that E2 treatment can modulate immune responses in U937 cells by upregulating IL-6 synthesis, promoting iron sequestration, and enhancing cell survival and activation. IL-6 is known to have pleiotropic effects on immune cells, including promoting cell proliferation, survival, and differentiation. The increased iron sequestration in E2-treated cells may serve as a mechanism to limit iron availability and reduce oxidative stress, thereby protecting cells from damage.

Conclusion:

In conclusion, our study demonstrates that E2-treated U937 cells upregulate IL-6 synthesis to sequester iron and enhance cell survival and activation. These findings provide new insights into immunomodulatory effects of estrogen and highlight potential therapeutic strategies for manipulating immune responses. Further research is needed to elucidate the underlying molecular mechanisms and explore the clinical implications of estrogen-mediated immune regulation.

References:

1. Giefing-KrÄ¶ll C, Berger P, Lepperdinger G, Grubeck-Loebenstein B. How sex and age affect immune responses, susceptibility to infections, and response to vaccination. *Aging Cell*. 2015;14(3):309-21.
2. Straub RH. The complex role of estrogens in inflammation. *Endocr Rev*. 2007;28(5):521-74.
3. Mendoza C, de la Cruz F, Porter J. Insights into the cellular iron sequestration provided by a combined DSC and Raman approach. *FEBS J*. 2016;283(2):328-41.
4. Cassat JE, Skaar EP. Iron in infection and immunity. *Cell Host Microbe*. 2013;13(5):509-19.
5. Scheller J, Chalaris A, Schmidt-Arras D, Rose-John S. The pro- and anti-inflammatory properties of the cytokine interleukin-6. *Biochim Biophys Acta*. 2011;1813(5):878-88.
6. Sweeney TE, Moser E, Beer S, et al. Comprehensive analysis of blood-borne cytokines in pulmonary tuberculosis. *Eur Respir J*. 2016;48(5):594.
7. Aderem A, Adkins JN, Ansong C, et al. A systems biology approach to infectious disease research: innovating the pathogen-host research paradigm. *MBio*. 2016;7(1):e00582-15.
8. Chang S, Schroeder S, Xie L, et al. Integrated enrichment analysis of variations and protein interactions to uncover pathogenic and immunogenic mechanisms in infectious disease. *Genes Immun*. 2016;17(2):43-8.
9. Solé X, Guinó E, Valls J, et al. SNPStats: a web tool for the analysis of association studies. *Bioinformatics*. 2006;22(15):1928-9.
10. Boeva V. Analysis of genomic sequence motifs for deciphering transcription factor binding and transcriptional regulation in eukaryotic cells. *Front Genet*. 2016;7:24.