

Evolving Models Of Geriatric Nursing Care

Mohammed Hamod Yahya Sowaid^{1*}, Esam Ibrahim Ali Khormi², Saleh Matar L. Alshammari³, Saad Abdullah Dakhilallah Almalki⁴, Norah Senhat Nasser Alotaibi⁵, Ashwaq Abbas Mabrouk Jamjoom⁶ And Aisha Mohammad Ahmed Lakam⁷

1*Nursing technician, msweed@moh.gov.sa, Baish General Hospital - Jazan Health
2Specialist Nursing, esamk@moh.gov.sa, Baish General Hospital - Jazan Health
3Nursing technician, samaalshammri@moh.gov.sa, Western Rafha Health Center
4Nursing technician, salmalki11@moh.gov.sa, King Khalid Hospital in Al Kharj
5Nurse, noorahsa@Moh.gov.sa, Almuzahmia Hospital
6Nursing specialist, ajamjom@moh.gov.sa, King Saud Medical City in Riyadh
7Nursing technician, aallakam@moh.gov.sa, Al-Zahra Health Center

*Corresponding Author: Mohammed Hamod Yahya Sowaid *Nursing technician, msweed@moh.gov.sa, Baish General Hospital - Jazan Health

Abstract

The field of geriatric nursing care is continuously evolving to meet the needs of an aging population As the baby boomer generation ages, there is a growing demand for specialized care for older adults. Master level nursing programs are designed to prepare nurses to meet these complex needs and provide high-quality care to the elderly population. This essay explores the evolving models of geriatric nursing care at the Master level, including the methodology, results, and discussion of current practices.

Keywords: Geriatric nursing, Master level, evolving models, care, elderly population

Introduction

The field of geriatric nursing care is a specialized area of nursing that focuses on the care of older adults. With advances in healthcare and improved life expectancy, the elderly population is growing rapidly. As a result, there is a greater need for nurses who are trained in the unique needs of older adults. Master level nursing programs play a critical role in preparing nurses to meet these challenges and provide high-quality care to the aging population.

Geriatric nursing care is continuously evolving to meet the unique needs of older adults and to provide comprehensive and person-centered care. Here are some evolving models of geriatric nursing care that you can explore in the literature:

Interprofessional Collaborative Care: Investigate literature on interprofessional collaborative care models in geriatric nursing. These models emphasize the importance of teamwork and collaboration among healthcare professionals from different disciplines, including geriatric nurses, physicians, pharmacists, social workers, and physical therapists. Topics may include the roles and responsibilities of each team member, effective communication strategies, and the impact of collaborative care on the health outcomes of older adults.

Transitional Care Models: Explore literature on transitional care models that focus on the smooth transition of older adults between different care settings, such as hospitals, rehabilitation centers, and home care. These models aim to prevent complications, reduce readmissions, and improve continuity of care. Topics may include care coordination, medication management, caregiver support, and the use of technology to facilitate transitions.

Age-Friendly Care: Investigate literature on age-friendly care models, which prioritize the specific needs and preferences of older adults. These models emphasize the promotion of independence, functional abilities, and quality of life. Topics may include person-centered care approaches, comprehensive geriatric assessments, promoting healthy aging, and tailoring care plans to individual needs.

Dementia Care Models: Explore literature on dementia care models that focus on providing specialized care for older adults with cognitive impairments, such as Alzheimer's disease and other forms of dementia. These models often involve person-centered approaches, caregiver education and support, creating dementia-friendly environments, and utilizing non-pharmacological interventions to manage behavioral symptoms.

Palliative and End-of-Life Care: Investigate literature on palliative and end-of-life care models for older adults. These models aim to provide comfort, symptom management, and emotional support to older adults with advanced illnesses.

Topics may include advance care planning, communication with patients and families, pain and symptom management, and the role of geriatric nurses in facilitating a dignified and peaceful end-of-life experience.

Home-based Care Models: Explore literature on home-based care models for older adults, which aim to provide care in the comfort of the individual's home. These models often involve interdisciplinary teams and focus on promoting aging in place, maintaining functional abilities, and managing chronic conditions. Topics may include home health nursing interventions, technology-enabled home care, caregiver education, and safety assessments.

Telehealth and Remote Monitoring: Investigate literature on the use of telehealth and remote monitoring technologies in geriatric nursing care. These evolving models enable older adults to receive care remotely, monitor their health status, and communicate with healthcare providers. Topics may include telehealth interventions, virtual visits, remote monitoring devices, privacy and security considerations, and the impact of technology on access to care and health outcomes.

Methodology

To explore the evolving models of geriatric nursing care at the Master level, a review of current literature and research was conducted. A search of reputable journals and academic sources was conducted to identify recent developments in geriatric nursing care at the Master level. The methodology included a focus on innovative approaches, best practices, and emerging trends in geriatric nursing education and practice.

Results

The results of the literature review revealed several key trends in the evolving models of geriatric nursing care at the Master level. One key trend is the emphasis on interdisciplinary collaboration in caring for older adults. Master level nursing programs are incorporating courses in gerontology, psychology, and social work to provide a holistic approach to care for older adults. Another trend is the focus on evidence-based practice in geriatric nursing care. Master level programs are equipping nurses with the skills to critically evaluate research and apply evidence-based interventions in caring for older adults.

Discussion

The discussion of the evolving models of geriatric nursing care at the Master level highlights the importance of preparing nurses to meet the complex needs of the elderly population. Master level nursing programs are focusing on gerontology competencies, including assessment, care planning, and communication skills specific to older adults. In addition, there is a growing emphasis on cultural competence in geriatric nursing care to address the diverse needs of older adults from different backgrounds.

Conclusion

In conclusion, the field of geriatric nursing care is evolving to meet the demands of an aging population. Master level nursing programs play a critical role in preparing nurses to provide high-quality care to older adults. By incorporating interdisciplinary collaboration, evidence-based practice, and cultural competence into their curricula, Master level nursing programs are equipping nurses with the skills and knowledge to meet the unique needs of the elderly population.

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